## **Appendix A: Requirements to Complete Course**

| Level Achieved to<br>Practice at Level | KiwiSkate Assistant               | Introduction to Coaching          | Level 1  | Level 2   | Level 3   |
|--|-----------------------------------|-----------------------------------|--|---|---|
| Attend Full Course                     | Required                          | Required                          | Required   | Required  | Required  |
| Practical<br>Component                 | N/A                               | N/A                               | 40 hours of coaching undertaken and detailed in a log book, signed and handed in | 75 hours of coaching undertaken and detailed in a log book, signed and handed in per discipline | 75 hours of coaching undertaken and detailed in a log book, signed and handed in per discipline                                   |
| Skater Test Pass                       | N/A                               | N/A                               | Minimum of Preliminary Test *  | Minimum of -Inter Silver Test for Singles, Dance & Pairs** -Bronze Test for Synchronised        | Minimum of Inter Gold Stroking Test AND Inter Gold Free Skate Freeskate/Dance/Pairs Test ** -Inter Silver Test for Synchronised** |
| Written Technical<br>Module            | N/A                               | N/A                               | 80% pass   | 80% pass per discipline   | 80% pass per discipline   |
| Practical<br>Assessment                | Completed to a satisfactory level | Completed to a satisfactory level | Completed to a satisfactory level  | Completed to a satisfactory level   | Completed to a satisfactory level   |
| Home Study<br>Assignments              | N/A                               | N/A                               | N/A  | Completed to a satisfactory level   | Completed to a satisfactory level   |
| Lesson Plan<br>Submitted               | 1 Lesson Plan                     | 1 Lesson Plan                     | Progressive Lesson Plan  | Yearly Planning Instrument  | Yearly Planning Instrument  |
| DVD Assessment                         | N/A                               | N/A                               | Requirements on Checklist  |   |   |
| Current First Aid                      | Recommended                       | Recommended                       | Comprehensive or Workplace<br>Certification                                      | Comprehensive or Workplace<br>Certification   | Comprehensive or Workplace<br>Certification   |
| Apprentice<br>Programme                | N/A                               | N/A                               | Requirements – see Appendix B  | Peer Support  | Peer Support  |
| Required to Apply<br>for Level         | N/A                               | N/A                               | Introduction to Coaching   | Level 1 (Active for 2 years from the date you attended your level 1 course)                     | Level 2 (Active for 2 years from the date you attended your level 2 course)   |
| Police Check                           | Required if over 18 years of age  | Required if over 18 years of age  | Required if over 18 years of age   | Required  | Required  |

| Level Achieved to<br>Practice at Level                    | KiwiSkate Assistant    | Introduction to Coaching | Level 1   | Level 2  | Level 3  |
|---|------------------------|--------------------------|---|--|--|
| NZIFSA Coach<br>Membership                                | Kiwi Skate             | Kiwi Skate               | Full  | Full   | Full   |
| Minimum Age   | 14 years               | 15 years                 | 16 years  | 18 years   | 20 years   |
| Minimum Test<br>Level Held<br>prior to initial<br>seminar | Elementary Recommended | Preliminary Required     | Inter Silver Required   | Silver Required  | Inter Gold Required  |
| Public Liability<br>Insurance                             | Required by some rinks | Required by some rinks   | Recommended. May be a requirement for AUS Interstate competitions (check announcements) | Recommended. May be a requirement for international competitions (check announcements) | Recommended. May be a requirement for international competitions (check announcements) |
| Continuing<br>Education Points                            | N/A                    | 5 points per year        | 15 points per year  | 25 points per year   | 25 points per year   |

<sup>\*</sup>Apprentice coaches using other coaches students for test requirements must have the permission of the student (or their guardian if <18yrs) and coach in regards to signing the test form and have worked with the skater for a minimum of 10 hrs.

<sup>\*\*</sup> In recognition of the limited number of skaters in many clubs/arenas that are skating at the higher levels, retrospective test passes may be considered. Coaches will need to apply to the Coaching Director for dispensation.